

# HEALTHY TOMORROWS

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Dayton Community • Wright State University • Sinclair Community College

## Health Information Technology Part III: Getting Connected

**E**very week there is a new announcement from the US Department of Health and Human Services regarding health information technology. At some point in the not too distant future, the links between HIT implementation and federal and state level funding will become

wedded to all aspects of health and human/social services organizations. Although this is a pretty powerful motivator, the reasons for moving from a

traditional paper record keeping system to an electronic system are much more compelling at the point of service for the clients and patients we serve.



over and over again. The system would have a memory.

So how do we get connected electronically as a community? Basically, we need two things: the technology and the willingness change the way we are doing things. We have the technology in HIEx™. Currently there are over 15,000 records on individuals centralized in HIEx™. The records include full demographic information organized by individual and household, documents including Medicaid and PRC applications, scanned copies of supporting documents for these kinds of applications, service utilization information and disease management information. In order to share these records, health and human/social services agencies in the Dayton community would need to enter into an *Agreement to Share Information*, *HIPAA Privacy Business Associate Agreement*, *HIPAA Security Business Associate Agreement* and a *Service Level Agreement* to become a member of HIEx™. These agreements insure that we are following all of the regulations set forth through HIPAA, that we are insuring confidentiality of information, and security of the system. Additionally, the agreements set up a contractual legal agreement articulating the responsibilities of the application service provider, Wright State University, and HIEx™ members as system users. Although there will be some cost to using/maintaining the system, it will be quite minimal, as HIEx™ is designed as a community rated service.

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*The Center for Healthy Communities is a community-academic partnership committed to improving the health and well-being of the community and enhancing health professions education.*

*Our partners include: the Dayton community; Boonshoft School of Medicine, School of Professional Psychology, Department of Social Work, College of Liberal Arts, and College of Nursing and Health at Wright State University; Sinclair Community College Division of Allied Health Technologies, and Division of Extended Learning and Human Services; Dayton Public Schools; Dayton Metropolitan Housing Authority; Montgomery County; Kettering Medical Center Network; Premier Health Partners; the Combined Health District of Montgomery County; many community and regional health, human services and faith-based organizations, and local and state governments.*

*In addition to the direct and in-kind support provided by our academic partners, the Center is funded through the Area Health Education Centers (AHEC), Montgomery County Children Services Board, Montgomery County Department of Job and Family Services, Ohio Department of Health, Ohio Department of Mental Health, Planned Parenthood of the Greater Miami Valley, and the United States Department of Health and Human Services.*

As we discussed before, the strongest advantages of electronic records are realized when a community like Dayton makes a commitment to a central shared electronic record. Imagine a future where, for example, Ms. Jones and her three children go to the Combined Health District for her children's immunizations, and a record is begun at the Combined Health District which documents the immunizations received and both demographic and eligibility information for Ms. Jones and her children. When one of the children gets sick, since the family lives very near the East Dayton Health Center, Ms. Jones might take the child to EDHC. As Dr. LeRoy is examining the child he would likely ask what immunizations the child has had. Ms. Jones may not be able to provide the specifics. If we had a central shared electronic record, Dr. LeRoy would, with appropriate authorization, be able to pull up the record and know exactly what immunizations were completed by whom and when they had been administered. Additionally, if Ms. Jones did not have health insurance, Dr. LeRoy could use HIEx™ to help Ms. Jones complete a Medicaid application or check to see if she was already enrolled. He could also check to see what other providers Ms. Jones has visited and if she has a case worker. Not only would Dr. LeRoy have real time access to this information so he could provide better service, he doesn't have to duplicate services—like repeating lab work or immunizations, and Ms. Jones benefits by not having to repeat the same information

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## Center for Healthy Communities 13th Annual Meeting 9th Annual Health Promotion Awards Announced

**L**ovely weather enhanced the views of the RiverScape Park's flowers and fountains from the lobby of the Eugene W. Kettering Center, the site of the **Center for Healthy Communities'**

**Thirteenth Annual Meeting.** Representatives from community and academic partners came together on June 8, 2005, to celebrate successes and share memories. Keynote speaker **John Moore** presented on the meeting's theme, "The Mission is the Message." Mr. Moore reviewed the history of the Center recalling when he and Nancy Brown and Reverend Puff all served on the Grass Roots Committee. He also traced the significant changes in health care service delivery and financing over the past twenty years, and highlighted the importance of the personal touch in health care, which can so often be lost in the midst of regulations and technology. Mr. Moore concluded his inspiring remarks by reminding the group of Dayton's history of innovation and charged the Center to work closely, in partnership with the health and human services organizations in our community, to continue to tackle the hard problems in the work of improving the health of our community.



*John Moore and Kate Cauley, director, Center for Healthy Communities, presented at the June CHC Annual Meeting.*

Mr. Moore's presentation was followed by a brief intermission, during which time guests greeted one another, prepared a lunch plate and settled down for the remainder of the program. Dr. Kate Cauley presented this year's **Health Promotion Award to the Healthy Dayton Coalition.** Formed in 2002, the Healthy Dayton Coalition consists of individuals representing over twenty-five organizations in the Miami Valley. The impetus for forming the coalition was a mutually recognized need to promote healthful change in the lifestyles of community residents. The Coalition has partnered with Dayton Public Schools, area hospitals and agencies, and the Action for Healthy Kids Zone 9 to organize several initiatives and activities to increase physical activity, encourage good nutritional habits and provide health education in the community.



*Sharon Becker, l. and Anne Henry, r., accept the Center's 9th Annual Health Promotion Award on behalf of Healthy Dayton*

Some of the Coalition's accomplishments include the 'Take-Off Zone Project, a voluntary community-based effort to support personal weight loss through increased activity and nutritional change; Take Off Teens, an after-school program in 2004 that emphasized good nutrition, physical activity and fun; "Fun, Fitness, and Five a Day," a one-day workshop for school food service personnel; a survey of vending choices in the Miami Valley school buildings; and an assessment of Body Mass Index in middle school children.

Accepting the award on behalf of the coalition were Sharon Becker, Good Samaritan Health Ministries Program, and Anne Henry, the American Cancer Society, Dayton Chapter.

The Center remains committed to improving the health and well-being of the community and enhancing health professions education. On the horizon are continued efforts to address health disparities within the community, provide opportunities for health professions education through service learning and continuing education, engage in research and evaluation and promote community health advocacy training.



*CHC founding trustees (l. to r.) Nancy Brown, John Moore and Rev. Puff attended the June CHC Annual Meeting.*



## An Apple a Day

Health News from the Center for Healthy Communities Health Promotion Program

### Center Aids Local Health Department Assessments

**L**ocal health departments are required to regularly conduct a strategic planning process to assess their communities to determine resident concerns and satisfaction with health services. Over the past year, the Center for Healthy Communities has provided assistance to several local health departments in developing the process for the assessment, leading focus groups, analyzing health data and consumer surveys, and developing a report for the community. This information helps local health departments to plan for the future. They use this information to develop new programs, modify current activities and provide information for grant proposals.

We have seen additional benefits from the focus group activity itself. Participants enjoy the experience of helping their community. They show an increased understanding and commitment to making their communities healthier. Participants made new contacts and developed new partnerships to address community health needs.

For more information about our health department assessments, contact Kay Parent at [kay.parent@wright.edu](mailto:kay.parent@wright.edu) or (937) 775-1103.



For more information about the Center for Healthy Communities, visit our web site at: <http://www.med.wright.edu/chc>

*HIT III, continued from page 1*

Once an organization becomes a member, the HIE<sub>x</sub><sup>TM</sup> data base is accessed through the internet. HIE<sub>x</sub><sup>TM</sup> uses a virtual private network, a locked cyberspace tunnel to send confidential information back and forth. In order to access the system, a user must be authorized based on the agreements listed above and must have the (free to HIE<sub>x</sub><sup>TM</sup> members) Cisco VPN software installed on any machine they wish to use for access. This can generally be done from your desktop electronically. Once the VPN is installed and the user has a user name and password, training is the next step. The system is fairly intuitive and has many functions beside the client or patient record. As a HIE<sub>x</sub><sup>TM</sup> member, an organization would receive on site training for a site administrator and for authorized users. Each organization will determine which parts of HIE<sub>x</sub><sup>TM</sup> may be most useful for them. If a member organization wants to continue to use an existing electronic record system, and integrate the functions of HIE<sub>x</sub><sup>TM</sup>, staff can assist with this as well, because HIE<sub>x</sub><sup>TM</sup> is designed to be interoperable with other systems using a mechanism called *web services*.

Many organizations try to take their paper system to the computer without making any changes in workflow or in examining the systems context. This has resulted in many expensive mistakes. Oftentimes, adding an electronic record keeping system or changing to a new system involves changes in workflow as well as methods of information capture. Organizations interested in becoming HIE<sub>x</sub><sup>TM</sup> members can work with HIE<sub>x</sub><sup>TM</sup> staff to determine the likely changes in workflow that will result from integrating HIE<sub>x</sub><sup>TM</sup> into the day to day functions of the organization. Usually, moving to an electronic record keeping system results in improved workflow, providing better access to more information about clients/patients more quickly. HIE<sub>x</sub><sup>TM</sup> has already demonstrated these outcomes for the HealthLink Miami

Valley Community Health Advocates and the Medicaid Outreach Consortium. We are hopeful HIE<sub>x</sub><sup>TM</sup> will prove a useful tool for other health and human services organizations in the Dayton community. Remember, the more organizations who agree to work with the central shared record through HIE<sub>x</sub><sup>TM</sup>, the more opportunity we have to take advantage of health information technology for better coordination of health and human services, to improve access to services for community members and to improve the overall health of the community.

If you have questions, or want to learn more about how you can get connected, contact Mary Crimmins at [mary.crimmins@wright.edu](mailto:mary.crimmins@wright.edu) or (937) 775-1122.



**Healthy Tomorrows** is a quarterly publication of Center for Healthy Communities, a division of the Wright State University Department of Community Health, Boonshoft School of Medicine

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For more information or to make suggestions, please call Kate Cauley, Ph.D., Center Director, at (937) 775-1114. Contributions to the Center may be made through the Wright State University Foundation. All contributions are tax deductible.

## Women's Health Month 2005 Grantees Selected



**R**ecently, the Center for Healthy Communities awarded eight **Women's Health Month 2005** grants for events/workshops in Clark, Darke, Champaign, Greene, Miami, and Montgomery Counties. **Congratulations to the following grantees:**

**Antioch College** will present "Understanding the Health Implications of Violence Against Women" on the afternoon, September 23, 2005 at Antioch College, Yellow Springs, Ohio. Coordinated by the Antioch College Counseling and Wellness Center, the workshop will include speakers from area agencies covering topics such as health issues of women in violent relationships, medical care for victims of sexual assault, strategies for staying safe and limit risk of violence, and the mental health effects of violence. This event is targeted to a female audience of college students, professionals in mental and health care, law enforcement, counselors, social workers and advocates for women. For more information, contact Ann Hembree, LSW, (937) 769-1127.

**CareSource Ohio** will present "Tea for 2 – The Type 2 Diabetes Epidemic" on September 17, 2005 at the Dayton Convention Center. The program's purpose is to increase awareness of the epidemic of diabetes and empower women to become individual and community agents in diabetes prevention. Scheduled speakers include a certified diabetes instructor and a panel of medical experts. CareSource encourages the attendance of mothers, daughter, sisters, and female friends of all ages, cultural, religious, and educational background. A special emphasis will be made to reach underserved and high risk populations in Montgomery County. For more information, contact Karen Dunson, RN, BSN, (937) 531-2286.

**Combined Health District of Montgomery County** will present "The Woman Within: Taking Time to Care," during the morning of September 21, 2005 at the Job Center in Dayton. The program will include speakers and a panel who will speak to participating women about cardiovascular health and diabetes education. The event will be targeted to

underserved women in Montgomery County, including African American women and women from the Appalachian community. For more information, call (937) 496-6959.

**Darke County Health Department** will present "Women to Women: Wellness in Darke County," an evening program on women's health on September 29, 2005 at Golden Eagle Christian Center, Palestine, Ohio. The program will feature speakers addressing the topics of diabetes prevention and cardiovascular health in women. The evening will also feature a heart-healthy dinner and walk. Darke County women of all ages, cultures, backgrounds, and education are encouraged to attend. For more information, contact Bonnie Wagner, RN, at (937) 548-4196 extension 215.

**Greene County Combined Health District (GCCHD)** will present "HIV/AIDS: Empowering African American Women" on September 7, 2005. The workshop is tentatively planned to take place at Roberson Hall, Central State University, Wilberforce, Ohio. The program is designed primarily for the female African American students attending Central State University. Two speakers will present factual information about HIV/AIDS and address issues that African American communities have concerning HIV/AIDS prevention and detection. For more information, contact Sara Pappa, (937) 374-5600.

**Tri County Women's Network** will present "Bridging into Empowerment and Taking Charge of Your Life" on September 27, 2005. The event will feature nationally known speaker Patricia Funderburk Ware, who will address the impact of poverty and racism on women's self-esteem and their ability to improve their emotional and physical health. The presentation will be held at the Ron Burton

Community Center in Springfield, Ohio. Tri County Women's Network is collaborating with Project Woman, a domestic violence shelter, and Children's Rescue Center, both in Springfield, to present the event. For more information, contact Carol Tipton at (937) 845-0403.

**Wesley Community Center** will present a half-day event, "Healthy Alternatives," on September 10, 2005 at the DK&J PUMP Gym in Dayton. The event will educate area women on the importance of exercise to women's health, how to exercise safely, and techniques for body strengthening. Diane Day, a certified trainer, will present the program. For more information, call (937) 263-3556, ext. 19.

**Womanline of Dayton, Inc.** will present "More than Self-Esteem," a series of four educational sessions during the month of September at Womanline of Dayton. The sessions will educate women on the importance of healthy self-concept and assist them in developing and maintaining self-esteem. Participants will receive health information and education on self-esteem. For more information, contact Rochelle Forsythe, MS, at (937) 223-3446.

Women's Health Month is funded through the **Sexual Assault and Domestic Violence Prevention Program**, Bureau of Health Promotion and Risk Reduction, Ohio Department of Health. The Center for Healthy Communities, as Area Health Education Center for Region IV, contracts with the Ohio Department of Health to implement Women's Month Health activities during the month of September. For more information about Women's Health Month, contact Carla Lachecki, carla.lachecki@wright.edu, or (937) 775-1125.

## CHC Adopts Revised Strategic Plan

by Carla Clasen, MPH, RN, Associate Director, Center for Healthy Communities

**A**t the November 2004 Community Advisory Board (CAB) meeting, the CAB gave its approval to the Center for Healthy Communities' five year strategic plan. The plan encompasses twenty-two goals to serve five major strategic initiatives and will be used in two ways. At

the beginning of each calendar year we will document the existing programs and activities of the Center as a baseline against which to measure our work during the year. At the conclusion of each calendar year we will both document programs and activities and evaluate the effectiveness of the work during the year. Reports summarizing both of these annual assessments will be the basis for an annual report to the community. Additionally, we will conduct an annual review of the strategies and measurable goals to determine if they continue to be useful in guiding the work of the organization over the next several years.

The Strategic Plan is driven by the mission of the Center, which remains unchanged:

“The Center for Healthy Communities is a community-academic partnership committed to improving the health and well-being of the community, educating its health professionals and serving as a force for change”

The five strategic initiatives which are directed toward fulfilling the Center's mission are similar to those in the previous strategic plan because the Center's management team and CAB members agreed that these initiatives remain relevant and are viable means to achieving the Center's goals. The five major Strategic Initiatives are:

SI I - Develop strong partnerships and expand existing ones among community, educators and providers



SI II - Educate students and providers to improve health care service delivery

SI III - Support and encourage community advocacy and programs that empower community members to become active participants in improving their own health and the health of the community

SI IV - Develop new models of collaborative multiprofessional practice

SI V - Conduct and disseminate program evaluation and community based participatory research

In future issues of Healthy Tomorrows, we will take each Strategic Initiative in turn and detail the Center programs and activities which support the Initiative and it's measurable goals.

## Kinship Caregiver Coalition News



### Welcome, Donna Thiede, New Kinship Navigator

Donna joined the Center for Healthy Communities on March 14, 2005, as a Kinship Navigator. She is a recent graduate of Wright State University, obtaining a Bachelor of Science degree in Rehabilitation Services. Donna's long term goal is to become a Case Manager in a social service agency. Recently, Donna completed the Community Health Advocate Course and is now a certified Community Health Advocate.

### A+ for the Montgomery County Kinship Navigators

Recently, the Kinship Caregiver Coalition conducted a satisfaction survey among clients who had had contact with a Kinship Navigator. Fifty clients were randomly selected to complete the telephone survey. The survey was used to find out how they learned about the Kinship Navigator program, their reasons for contacting a Navigator, and their satisfaction of working with a Navigator.

The majority of surveyed clients (52%) were referred to the program from a community agency. There were several reasons many caregivers contacted a navigator. The need expressed most often was clothing for the children. The second

most common need was food resources, followed by help with custody issues.

All clients reported that the navigators were helpful, with 96% characterizing their assistance as "very helpful." Many clients mentioned the fact that the navigators were easy to talk to, would listen and answer questions, and were very supportive.

In summary, this survey provided the navigators and the program director with a challenge to keep up the good work! Thank all of you who took the time to complete the telephone survey.

Special thanks to Margorie Waggoner, Carla Clasen, and Jayme Arose for their assistance with the survey!

Great work, Kinship Navigators Bonnie Grooms and Donna Thiede!



## About and in the Community

### An Interview with Marilyn Rodney

by Kate Cauley, PhD, Director, Center for Healthy Communities

**M**arilyn Rodney assumed the position of Service Learning Coordinator in the department of Experienced Based Education, Division of Extended Learning and Human Services, Sinclair Community College (SCC) in November of 2003. Marilyn spent

the previous ten years working with the Center for Healthy Communities as the director of the division of community health advocacy and most recently as the assistant director, Sinclair operations. Marilyn explained, "My previous experiences in team teaching, program development and knowledge of community resources in the greater Dayton area have all come together in very exciting ways in this new position." When Marilyn moved full time to the Sinclair position, she brought with her a recently awarded grant to develop service learning in the community college. Although Sinclair has been involved with service learning for many years, this grant from the American Association of Community Colleges has provided the resources to institutionalize service learning as an important teaching methodology college-wide. Marilyn noted, "The philosophy behind service learning is integral to the mission values and core educational competencies of the college."

Marilyn began her new role at Sinclair by first recruiting a Service Learning Advisory Committee and then clearly defining service learning so that community and academic partners had a common understanding of the work. Next, she began educating faculty, students, and community agencies about the benefits of service learning and providing presentations to administrators and staff at Sinclair Community College. Working with the Advisory Committee, she developed evaluation materials for all stakeholders, including a Student Service Learning Agreement that identifies behavior expectations such as abiding by policies and procedures established by community partners at training sites. Most importantly, however, Marilyn determined that "faculty

are the primary gatekeepers in service learning," and she spends a significant part of her time providing faculty development opportunities to use the service learning methodology. "Marilyn has done a lot to formalize and expand service learning at Sinclair—the two just go together," said SCC colleague Dr. Kathy Rowell, Professor in Sociology.

Concurrently, Marilyn has been working with community partners to get the word out about service learning, and generating wish lists from community partners identifying needs that can be developed into service learning opportunities for students. She developed a Letter of Acknowledgement for community partners who agree to work with SCC as a service learning partner. Lately, Marilyn has been bringing together small groups of community and academic partners to develop service learning opportunities for students.

Along the way Marilyn has encountered some challenges. There is up-front planning required to develop a successful service learning experience, and faculty are sometimes reluctant to take this additional step. However, the response has generally been quite favorable, and faculty across the disciplines are getting involved in service learning. "It was scary at first, sort of giving up control of the class to the students and the community partners," noted Linda Mowrey, Chair of the Department of Mental Health Technology at SCC. "But," she added, "the service learning experiences have been great for everyone involved. As opportunities for learning expand beyond the four walls of the traditional classroom, it is important to see others as co-educators."



*l. to r., Hope Taft and Marilyn Rodney*

Some highlights of Marilyn's past year include a State of Ohio Outstanding Award from Hope Taft and an article in the *USA Weekend* reporting on Sinclair's "Make a Difference Day." Under Marilyn's direction on October 23, 2004, SCC held its first "Make a Difference Day," which involved over 400 students, faculty, staff and administrators in 27 local projects. Sinclair Community College was one of the central coordinating sites for a day of community service and Service Learning involving over 100,000 students and close to 900 community sites statewide. In preliminary evaluations of the work of this past year, faculty report that students in service learning courses are more excited and motivated learners. Marilyn mirrors that enthusiasm when she says, "I am always looking for ways to make things better and always open to learning new things."

For more information, contact Marilyn Rodney at [marilyn.rodney@sinclair.edu](mailto:marilyn.rodney@sinclair.edu) or (937) 512 2040.

## Active Kids, Healthy Kids

### A Playful Seminar for Improving Childhood Fitness

**P**artnering with the Center for Healthy Communities, the University of Dayton, and Action for Healthy Kids, on May 11, 2005 the Healthy Dayton Coalition provided a seminar for

adults concerned about inactive children. Seventy teachers, day care providers, and parks and recreation staff attended the day-long event. Area physical education teachers and parks and recreation professionals demonstrated ways to encourage children to be more active through games and non-competitive sport. Participants were on their feet, moving and playing games throughout the day. Each participant received equipment to take back with them to use for active games with their classrooms or groups.

The seminar was funded in part by an American Cancer Society Community Investment Grant. The conference planning committee was made up of physical education teachers, parks personnel and community health educators. The group plans to hold a similar seminar next year.

Comments at the seminar were very positive:

- I will use these ideas tomorrow!
- I will encourage and teach my students to take healthy breaks from class work and move more!
- I have learned how to get my kids to move playfully and healthily while transitioning from one activity to the next.
- I really enjoyed learning games that make kids active without concentrating on the workout aspect.



*Leann Castillo (front) and Linda Madden (back) led participants in games using wide-open spaces and minimal equipment.*



*Keith Cosby warmed up participants for the day's activities.*



*Seminar participants choreographed a musical routine using hula-hoops.*



*Students from Holy Angels School demonstrated how Tae Bo in physical education class can be fun fitness.*



*Part of the "Active Kids" seminar team. Front row, l. to r., Keith Cosby, Carla Lachecki, Carol Gill. Back row, l. to r., George M. De Marco, Jr., Charlene Leggs, Linda Madden, Kay Parent, Teri Wilson, Anne Henry, Pam Watson.*

## Cecelia Smith Recognized

**C**ecelia Smith has been working with the Center for Healthy Communities since September, 1998. It's true, technically, she has called the Alliance for Research in Community Health in the Department of Community Medicine her professional home for the past almost two years, but we still claim her as the Center's overall. Cecelia has one of the more diverse careers of Center employees, having worked on

numerous projects during her tenure. As a Community Health Advocate, she began working with the Dayton Public Schools and the Dayton Metropolitan Housing Authority when the Center was funded by the US Department of Education trying to get more kindergartners registered for school and immunized. She quickly expanded her



responsibilities and the role of the Community Health Advocate, when she served as a community liaison with the Dayton Community Outreach Partnership funded by the US Department of Housing and Urban Development working specifically with the PHD home ownership program through St. Mary's Development Corporation, OIKOS and the IDA program. Additionally, she was working with the Susan G. Komen Breast Cancer project helping educate women about the importance of regular mammography examinations, and with community members through the Medicaid Outreach Program, working to enroll children in the Children's Health Insurance Program (CHIP).

Promoted to Senior Community Health Advocate, Cecelia moved into work with the original Kinship Navigator Program when it was first funded through the Ohio Department of Aging, and assisted in establishing a Kinship Care program in Greene County. Next she began working with the Alliance for Research in Community Health (ARCH) to develop community participatory research programs here in Dayton, and assisted in the development and implementation of the first ever, Community Health Research Advocate training program. Promoted to Community Health Research Advocate, Cecelia continued to work with ARCH on a variety of projects until her retirement this spring. We will miss Cecelia, but she won't be far. We understand when she returns from vacation, she will begin work in home health care in Greene County.

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*Charter funding: The W.K. Kellogg Foundation, Community Mutual Insurance Company, Ohio Board of Regents Action Fund, Ohio Department of Health and the Dayton Foundation.*